



SMALL GROUP QUESTIONS

“Inviting Jesus Into our Fears and Anxieties”

Week 3 | January 14, 2018 | Matthew 14:22-33

1. What is your natural tendency when experiencing moments of fear and/or anxiety? Do you tend to reach out or do you tend to turn inward?
2. Most of us are not literally stepping out of boats and walking on water during storms, but we do face other kinds of wind. What kinds of wind and waves can cause us to become afraid, lose faith, and to doubt God?
3. Have you had a time in your life when you have found yourself crying out to Jesus for help? What was it that let you know you were sinking and caused you to give up the illusion of self-sufficiency?
4. In the Bible we find 366 commands from God to not be afraid. These are not empty, wishful thinking commands; they are backed by the power, character, and love of God. What in your life reminds you of God’s ability to do amazing things?
5. Would you say that difficult storms in your life have caused you to become more resilient or more fearful? What has been the result of your resilience or fearfulness? Are you content with that?
6. Identify areas in which you would like to step out in faith and trust God. What steps might you begin taking to accomplish this?
7. How can your small group help you to invite Jesus into your places of fear and anxiety rather than looking to your own power and self-sufficiency?