



SMALL GROUP PRAYER PRACTICUM

“God, Empower Us!”

Week 2 | September 17, 2017 | Ephesians 3:14-21

Part 1 – Primer

1. When in your life have you felt most powerful? When did you sense that you were most “in control” and Master of Your Domain, so to speak?
2. When in your life have you felt powerless? What made you feel so weak? What do you notice about the contrast of circumstances in those two experiences?
3. Read 2 Corinthians 12:9-10. Have you found, with Paul, that God’s power is most clearly experienced in the midst of your weaknesses?
4. Read Isaiah 40:31. What does it mean to “wait on the Lord” in the context of your life? If someone came to you and asked you to help them learn how to “wait on the Lord,” what counsel would you give them?

Part 2 – Prayer Laboratory – Being Empowered by the Spirit

This week, when you go to God in prayer, pray each day in three movements.

Movement 1 - Talk to God and share what is on your heart. Pray through your calendar. Pray for your family and friends. Invite God into the challenging places and thank God for the good gifts in your life.

Movement 2 - Read the Bible and listen to God. Ask God to speak to you through the Word. Find a verse that you want to work to memorize. Read slowly, not trying to finish a certain amount of reading but simply reading until you “get something” that you sense is from the Lord.

Movement 3 - And then talk to yourself and “wrestle the truth into your heart.” Sit and grasp how long and wide and high and deep is the love of God. Meditate and reflect on that truth. Be filled with the Truth.